



राष्ट्रीय प्रौद्योगिकी संस्थान हमीरपुर

हमीरपुर (हि.प्र.) – 177 005 (भारत)

[भारत सरकार शिक्षा मंत्रालय के तहत एक राष्ट्रीय महत्व का संस्थान]

NATIONAL INSTITUTE OF TECHNOLOGY HAMIRPUR

HAMIRPUR (H.P.) - 177 005 (INDIA)

[An Institute of National Importance under Ministry of Education (Shiksha Mantralaya)]

{OFFICE OF Dean (Student Welfare)}

NOTICE

Commencement of Regular Yoga Classes for First Year UG Students

All first-year UG girl students are hereby informed that regular yoga classes will be conducted in the Ambika Girls Hostel every Saturday from 6:30 PM to 7:30 PM in the Common Room of the hostel, under the guidance of a Yoga Instructor.

All students are requested to carry their own yoga mat for the practice.

Your active participation will ensure good health and well-being.


Faculty In-charge
(Yoga)

No. NIT/HMR/DSW/ 1525-31

Dated: 15/09/25

Copy to:

- PS to Director for the kind information of Director, NIT Hamirpur (HP).
- PA to Registrar for the kind information of Registrar, NIT Hamirpur (HP).
- The Dean (Student Welfare), NIT Hamirpur (HP) for information.
- The Associate Dean (Student Activities & Scholarships), NIT Hamirpur (HP) for information.
- Faculty In-charge, Computer Centre, NIT Hamirpur (H.P.) with a request to display the notice on the Institute Website for information to the students of NIT Hamirpur.
- Chief Warden and Warden (AGH) to display on hostel notice board.
- All Heads of the Department to display on the Departmental notice board.